

# How old is your pet, *really*?

The health of your pet can change rapidly as he or she ages.

Beginning at around age 7, your pet enters his or her senior years. Often, pets may begin to develop diseases common to their senior human counterparts such as diabetes, heart disease, hypothyroidism and cancer. These diseases can go unnoticed in their early stages and changes can occur quickly, therefore, preventive healthcare is very important.

First, identify your pet's medical years using this chart. Then, we'll discuss ways to keep your pet healthy.



age	weight
	0-20
1	7
2	13
3	20
4	26
5	33
6	40
7	44
8	48
9	52
10	56
11	60
12	64
13	68
14	72
15	76
16	80
17	84
18	88
19	92
20	96
21	100
22	104
23	108
24	112
25	116



age	weight			
	0-20	20-50	50-90	>90
1	7	7	8	9
2	13	14	16	18
3	20	21	24	26
4	26	27	31	34
5	33	34	38	41
6	40	42	45	49
7	44	47	50	56
8	48	51	55	64
9	52	56	61	71
10	56	60	66	78
11	60	65	72	86
12	64	69	77	93
13	68	74	82	101
14	72	78	88	108
15	76	83	93	115
16	80	87	99	123
17	84	92	104	131
18	88	96	109	139
19	92	101	115	
20	96	105	120	
21	100	109	126	
22	104	113	130	
23	108	117		
24	112	120		
25	116	124		



COLOR KEY ■ adult ■ senior ■ geriatric

Charts courtesy of Fred L. Metzger, DVM, Dipl., ABVP

*Together, we can help your pet enjoy a lifetime of good health.*

